

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>DD celebrates diverse cuisines!</b></p> <ul style="list-style-type: none"> <li>Made from scratch by Nutrition Services staff</li> </ul> <p>Vegetarian, may contain milk, cheese &amp;/or egg</p>		<p>Breakfast includes Milk and Fruit</p> <p>Lunch includes Milk, Fruit and Vegetable</p> <p>Dinner includes Milk, Fruit and Vegetable</p>		
	<p><b>1</b></p> <p><b>Breakfast</b> Breakfast Bar Oatmeal</p> <p><b>Lunch</b> Chicken Burger on whole grain bun</p> <p><b>Dinner</b> Fish Taco Wild Alaska Pollock with whole grain tortillas</p>	<p><b>2</b></p> <p><b>Breakfast</b> Pancakes whole grain</p> <p><b>Lunch</b> Turkey &amp; Cheese Sandwich on a whole grain bun</p> <p><b>Dinner</b> Whole grain Macaroni &amp; Cheese</p>	<p><b>3</b></p> <p><b>Breakfast</b> Gingerbread Muffin</p> <p><b>Lunch</b> Pizza Cheese with whole grain crust</p> <p><b>Dinner</b> Mandarin Orange Chicken with brown rice</p>	<p><b>4</b></p> <p><b>Breakfast</b> Cereal whole grain</p> <p><b>Lunch</b> Peanut Butter &amp; Jelly, cheese stick with whole grain crackers</p> <p><b>Dinner</b> Spaghetti with garlic bread stick</p>
<p><b>7</b></p> <p><b>Breakfast</b> Cereal whole grain</p> <p><b>Lunch</b> Whole Grain Chicken Strips with whole grain crackers</p> <p><b>Dinner</b> Chicken Tacos in a whole grain tortillas</p>	<p><b>8</b></p> <p><b>Breakfast</b> Mini Bagels with Cream Cheese</p> <p><b>Lunch</b> Chili 3 Bean Vegan with whole grain Tortilla chips</p> <p><b>Dinner</b> Beef Hot Dog on a whole grain bun</p>	<p><b>9</b></p> <p><b>Breakfast</b> Waffles</p> <p><b>Lunch</b> Chicken Wrap w/ Cheese on a whole grain tortilla</p> <p><b>Dinner</b> Whole grain Macaroni &amp; Cheese</p>	<p><b>10</b></p> <p><b>Breakfast</b> Pear Muffin</p> <p><b>Lunch</b> Whole Grain Chicken &amp; Cheese Quesadilla</p> <p><b>Dinner</b> Teriyaki Chicken and with brown rice</p>	<p><b>11</b></p> <p><b>Breakfast</b> Cereal whole grain</p> <p><b>Lunch</b> Peanut Butter &amp; Jelly, cheese stick with whole grain crackers</p> <p><b>Dinner</b> Turkey Gravy, mashed potatoes with Roll</p>
<p><b>14</b></p> <p><b>Breakfast</b> Cereal whole grain</p> <p><b>Lunch</b> Whole Grain Chicken Nuggets and whole grain crackers</p> <p><b>Dinner</b> Bean and Cheese Burrito in a whole grain tortilla</p>	<p><b>15</b></p> <p><b>Breakfast</b> Breakfast Bar Oatmeal</p> <p><b>Lunch</b> Chicken Burger on a whole grain bun</p> <p><b>Dinner</b> Wild Alaska Pollock Wedge with whole grain crackers</p>	<p><b>16</b></p> <p><b>Breakfast</b> Pancakes whole grain</p> <p><b>Lunch</b> Turkey &amp; Cheese Sandwich on a whole grain bun</p> <p><b>Dinner</b> Whole grain Macaroni &amp; Cheese</p>	<p><b>17</b></p> <p><b>Breakfast</b> Carrot Muffin</p> <p><b>Lunch</b> Pizza Cheese with whole grain crust</p> <p><b>Dinner</b> Mandarin Orange Chicken with brown rice</p>	<p><b>18</b></p> <p><b>Breakfast</b> Cereal whole grain</p> <p><b>Lunch</b> Peanut Butter &amp; Jelly, cheese stick with whole grain crackers</p> <p><b>Dinner</b> Hummus, Cheese stick with whole grain crackers</p>
<p><b>Vegan: Chili, Hummus, Peanut Butter &amp; Jelly</b></p>				